

Action Plan for 2018/2019

Priority 1: A Borough where health inequalities are reducing amongst all ages

Areas for development	Target	Action	Timescale	Lead	Update on Progress
Children living in poverty	Support 250 families to be able to have coping mechanisms.	Continuation of the troubled families programme phase 2 (Surrey Supporting Families programme).	June 2015-2020	Supporting Families	☺ 281 in total since the start of the project and 36 families in 18/19 in Spelthorne
	Analyse responses to play scheme voucher questionnaire and revise offer of subsidised play scheme places as applicable.	Voucher application forms will be issued to those in receipt of benefits and families referred by housing options and family support.	Summer 2018	Leisure	☺ Amount used in summer 2018 = £11,406. 216 families applied and were issued with vouchers, 134 families used their vouchers, 11 families applied and were either not eligible or we had run out of

					vouchers. 62% of families used vouchers, compared to 51% in 17/18. Met with home school link workers to discuss a new referral procedure for 2019.
	Work with Sunbury Local Family Partnership to upstream homeless prevention and maximise income.	The Sunbury Local Family Partnership is being set up in Sunbury Common to offer early preventative help to families.	2018/2019	Housing	😊 Attended initial meetings to introduce service and explain the referral process.
Older people in need of social care and those that need help to remain at home independently	Hold Living & Ageing Well Week annually in October	Hold a variety of activities during the week at community centres, leisure centres and other locations, encouraging long term participation.	October 2018	Independent Living/Leisure	☹️ Didn't hold event in 2018 due to staff shortage
	Increase number of mobile sim units in borough to 10.	The SPAN service provides an alarm with to any client who would benefit from being able to get help at the press of a button.	2018/2019	Independent Living	😊 Exceeded target and have brought

					in an extra 120
	Increase number of Meals on Wheels delivered by 1%. Offer the service 365 days a year and include sandwiches.	To provide a delivery of a hot nutritious daily meal for people in their own homes, either as a result of self-referral or as part of a care package.	2018/2019	Independent Living	☹️ Meals are provided 365 days a year and sandwiches are provided 5 days a week. Increase of 1% missed. A review of the service is being undertaken.
	Continue to offer a wide range of activities via the four community centres, as well as signposting and advice.	Encourage new Spelthorne residents to use our services using various promotional methods.	2018/2019	Independent Living	😊 Ongoing. New activities have been introduced including laughing yoga & increased chair based from once to twice a week due to demand
	Offer wellbeing prescriptions and ensure referrals have a response within 15 days.	GPs will complete a referral form and email across to SBC. The Wellbeing Advisor will then meet with clients to	2018/2019	Leisure/ Independent Living	😊 167 referrals received in 18/19 and all

		discuss issues raised and signpost people to local opportunities			responded within 15 days.
People with learning and physical disabilities	Analyse provision of Spelthorne Para Sports Club to determine the long term sustainability.	The club will run twice monthly from April for one term before analysing the attendance and sustainability. A rota is to be put in place for volunteers to assist with recruitment and retention.	2018/2019	Leisure	☹️ Attendance at club has fluctuated with best attendance in Jan & Feb. Review taking place to determine provision from September.
	Ensure Spelthorne Boccia club is self-sustainable.	Recruit/train volunteers and set up club committee.	2018/2019	Leisure	☹️ Good club attendance and volunteers taking on more roles. Still to establish committee
	Spelthorne and Sunbury Leisure Centres to be awarded the 'Inclusive Fitness Initiative (IFI) mark' accreditation	The Inclusive Fitness Initiative (IFI) aims to support leisure centres to become more welcoming and offer accessible environments to disabled people. It helps leisure facilities to assist more disabled people to become physically active.	December 2018	Leisure	☹️ Sunbury are making suitable adaptations before their assessment in June. Spelthorne Leisure

					Centre have IFI equipment but need to re-apply for accreditation.
	Spelthorne residents helped to live independently in their own homes with Disabled Facilities Grants. Applications for level access showers and stair lifts will be informed of the outcome within 5 days of their application.	To provide disabled facility grants to fund adaptations to vulnerable people's homes.	2018/2019	Independent Living	☺ Most applications are turned around within 5 days. Joined the handy person scheme in Oct '18 with Woking & Runnymede for small jobs for residents.
People with dementia and their carers	Continue to offer people with high needs a supportive and safe place at Fordbridge and Greeno Day Centre, which gives carers a break.	The OPAL group will continue to run from both Fordbridge and Greeno Community Centres for those with additional support needs. A hot lunch and refreshments are available and various activities take place daily.	2018/2019	Independent Living	☺ The group enjoyed lots of outdoor trips due to a warm summer. Greeno have now got a room especially for opal group only (build was finished in March '19)

	Establish two more Dementia Friendly Communities in Spelthorne	Businesses and communities will be encouraged to be dementia friendly.	2018/2019	Community Development	☺ One is established and discussions with residents in Sunbury have begun to progress setting up a group.
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Priority 2: Develop a preventative approach

Areas for development	Target	Action	Timescale	Lead	Update on Progress
Reducing smoking	Raise awareness of the Surrey Smoke Free Alliance.	Attendance at the smoke free alliance. Promote their campaigns and initiative through local marketing avenues including the Borough Bulletin and website.	Ongoing	Environmental Health	😊 Attended meetings. No countywide campaign relevant to Spelthorne in 18/19.
Reducing alcohol consumption	To encourage responsible drinking and the prevention of underage sales. Promote at two Partnership Action Days.	To work with licensed premises, police and trading standards to promote responsible retailing and ensure against underage sales and help address problem drinking.	Ongoing	Environmental Health	😐 Ongoing. Reviewing Partnership Action Days for 2019.
Increasing life expectancy	Signpost referrals from wellbeing prescriptions to activities to reduce social isolation	Encouraging people to become involved with social activities will increase people's self-worth.	2018/2019	Leisure/ Independent Living	😊 Referrals regularly signposted to social activities including community centres
	Health checks to be carried out at Spelthorne and Sunbury Leisure Centres and local businesses.	Promote through local marketing avenues including the Borough Bulletin and website. Train more staff to deliver checks.	2018/2019	Leisure	😐 Health checks promoted on council website, however, no checks were carried out due to staff shortages.

					Training now arranged for staff to be able to offer these.
	Complete a community needs assessment for Sunbury Common.	We will work with partners including Public Health, Surrey Police, Kenyngton Manor School & Children's Centre and Sunbury Youth Centre to carry out a community needs assessment in Sunbury Common. This will identify how residents feel about their local area and any areas to address.	2018/2019	Leisure	☺ Needs assessment complete working with relevant partners. Findings to be implemented.
Increasing physical activity and reduce obesity	Increase the number of physically active adults. Recruit 50 new walkers and 12 new cyclists to the schemes.	Promote the Walking for Health, Cycling for Health and Get Active 50+ projects.	2018/2019	Leisure	☺ 81 new walkers and 10 new cyclists
	Encourage the use of green space/outdoors for exercise and physical activity.	Deliver at least 8 Xplorer (orienteering) events throughout the year including new parks in Stanwell and Sunbury Common.	December 2018	Leisure	☺ 10 events held in 18/19 including 3 in Stanwell and 3 in Sunbury Common
	Increase physical activity amongst families	Set up Sporteering challenge which encourages people to explore their local area using a phone app.	2018/2019	Leisure	☺ Sporteering challenge set up and promoted over Easter 2018.
	Deliver 'Fit & Fed' programmes in youth centres during school holidays	The Fit & Fed programme aims to offer young people the opportunity to participate in physical activity and eat a healthy meal during school holiday periods. The outcome of the funding bid	2018/2019	Leisure	☺ Two successful funding bids secured totalling £3000. Twelve

		to the Tesco bags of help scheme will influence how long the project can run for.			days of activity delivered across Summer and October 2018, benefiting 132 young people.
	Raise awareness of healthy eating initiatives.	Promote the Eat Out Eat Well scheme during food hygiene inspections in premises with food hygiene ratings of 3, 4 or 5 stars.	Ongoing	Environmental Health	😊 Ongoing – promotion of scheme is included in letter to premises following inspections.
	Fordbridge Community Centre to deliver cookery course to another 5 individuals	A cookery course will be delivered on a 1:1 basis, aimed primarily at older gentleman who are widowed	2018/2019	Independent Living	😊 10 individuals attended 1:1 courses. Stopped now due to no volunteer to deliver courses.
Reducing excess winter deaths	Helping vulnerable Spelthorne residents to keep sufficiently warm over the winter months by providing interim heating while boiler repairs are being progressed within 1 working day.	To help vulnerable people keep warm with the repair/servicing of their boilers through the 'Warmer Homes Grants'.	Ongoing	Environmental Health	😊 Grants continue to be provided to vulnerable residents to ensure their heating systems continue to work effectively. 8 warmer home grants were given over 2018-19.

	Raise awareness that a warm home environment is vitally important for health.	Support the project, in partnership with Action Surrey and all LA's in Surrey to promote this Surrey wide initiative to target properties in Spelthorne. To ensure homes, particularly those in fuel poverty, on low income and vulnerable to the cold. Homes should also be free from trip/fall hazards and in a state of good repair. Raise awareness of the financial assistance which is available via Action Surrey; Spelthorne Borough Council and energy providers via local marketing avenues.	2018/2019	Sustainability	😊 Regular promotion and information supplied in the Borough Bulletin, through targeted mail-outs, leaflets with the Council Tax mail-out, council communication channels and on social media.
Improving air quality	Work to improve the air quality statistics.	Installation of three dual Fast Electric Vehicle (EV) charging points within the Borough. Continued adoption of SCC Vehicular and Cycle Parking Guidance for EV charging in new developments. Completion of Surrey Air Quality Modelling. Publication of Spelthorne Air Quality Action Plan.	2018/2019	Environmental Health	😊 Council staff charging point installed. Recently made a joint bid with Surrey County Council in a project that if successful would lead to installation of 20 new charging locations. SBC have put aside funding to install

					<p>additional charging points. SCC Vehicular and Cycle Parking Guidance continues to be routinely applied to all developments of 10 or more residential units and commercial developments of greater than 1,000 sq.m. Received draft modelling outputs and reports. Expect to take receipt of the final documents in June 2019. Publication of Spelthorne Air Quality Action Plan has been delayed as the above modelling (and</p>
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					<p>accompanying source apportionment work) is required to inform the Action Planning. Selected a preferred consultant to facilitate the Action Planning and prepare the report. Finalising the specification of work which will involve scenario testing on the modelling to illustrate the potential scale of improvements achievable from selected actions.</p>
	<p>Increase the number of individuals signed up for the Air Alert to 125.</p>	<p>Promote through targeted communications (bulletin articles, notices at pharmacies, schools, occupational health within large companies, and the use of social media).</p>	<p>2018/2019</p>	<p>Environmental Health</p>	<p>😊 Membership now stands at 105 residents. Further publicity on this planned around Clean</p>

					Air Day on 20 June 2019.
	Promote sustainable travel.	<p>Expand network of EV charge points within the Borough, with a focus on key transport routes, taking advantage of available funding opportunities and S106 monies.</p> <p>Run a series of public events & afterschool workshops through the year to promote low carbon travel options.</p>	2018/2019	Sustainability	<p>☹️</p> <p>Unsuccessful to date in securing additional funding for rolling out further EV charge points. Continuing to explore funding options. An internal staff event is run annually to promote low carbon travel. External public events and workshops have yet to be progressed. Awarded a £145k air quality grant by Defra for a schools air quality awareness project for 40 schools across Surrey.</p>

					Spelthorne specific terms 9 primary schools received the Theatre in Education performance and 6 primary & secondary schools have been receiving the in-school workshops and resources. Two Spelthorne Schools are being supported to run anti-idling campaigns.
People in inadequate housing	To make best use of the Governments Affordable Warmth Programme Eco Flex	To continue working with Happy Energy and Action Surrey to use the funding provided through the Eco Flexibility scheme. To make best use of the funding from energy suppliers to support our residents enabling them to heat their homes for less.	Ongoing	Sustainability	😊 Working with Action Surrey and Happy Energy in the last year, 348 measures have been installed in fuel poor homes in SBC through the ECO scheme, the

					fourth highest install rate in the South-East of England.
People who come for help with housing/homeless situation	200 homeless cases prevented each year.	Effective prevention methods such as negotiations with landlords, financial assistance to manage rent shortfalls and debt advice.	2018/2019	Housing	😊 215 prevented at end of year.
	Revise homeless strategy to assess services available and identify gaps	A new strategy will be written.	2018/2019	Housing	😞 Timescale revised and both a new housing strategy and homeless strategy to be written in 2019 with commencement of 01/01/20. Joint Councillor and Officers meeting are underway.
	Work with Knowle Green Estates to increase the number of suitable properties for homeless people and to prevent homelessness	Refurb the Harper Hotel to help keep people in the borough. Explore options for The White House and Benwell.	2018/2019	Housing	😊 Harper House now looking to be rebuilt hopefully with Homes England grant. White House similarly awaiting confirmation of grant but both projects moving

					for planning consent. Bugle house was built and rehoused 8 homeless households
	Ensure personal housing plans include health issues	Successful implementation of the Homelessness Reduction Act	2018/2019	Housing	☺ PHPs look at all health and medical needs
	Establish pathway plans for: Care Leavers, Ex Forces, People leaving hospital, people with mental health, ex offenders, domestic abuse, gypsies & travellers and evictions from social housing.	Establish clear referral methods and suitable options for all groups.	2018/2019	Housing	☺ As part of homeless reduction act, preparations pathway plans were written to fill gaps in service in time for April 2018 commencement. Care leavers is responsibility of Surrey CC and a draft has been approved.

Priority 3: Improve Emotional and Mental Wellbeing

Areas for development	Target	Action	Timescale	Lead	Update on Progress
Promote initiatives to encourage positive mental health	Reduce social isolation.	To run community centres that provide a variety of activities and services including lunches, exercises and various outings and holidays to help keep the older generation mentally and physically fit and help prevent isolation. Offer accessible transport through Spelride to enable residents to access community centres and other social activities.	Ongoing	Independent Living	😊 Greeno received lotto money for a new minibus to help bring residents in to the centre.
	Encourage independent living.	Work in partnership with Age UK Surrey, other agencies and the voluntary sector to provide a joint service to promote independence.	Ongoing	Independent Living	😊 Ongoing
	Increase the attendances at the community centres by 2% to promote positive mental and physical health.	Offer a wide variety of activities such as bingo, computer lessons, exercise classes, language classes etc as well as hairdresser, chiropody, gym & holistic therapy.	Ongoing	Independent Living	😊 Met 2% increase, mostly for holistic therapies. Gym received lotto funding so bought more equipment and increased number of days offered,

					which are now full.
	Review catering provision at Staines Community Centre	A review needs to be undertaken to establish whether a community café or full catering service is offered.	2018/2019	Independent Living	☺ Café has been running all year, new catering from June 19.
	Signpost people to suitable activities through wellbeing prescriptions	Signposting people to leisure activities and other social groups to improve people's mental health.	2018/2019	Independent Living	☺ Regularly signpost people to activities run at community centres; walking for health; and swimming
	Hold Living and Ageing Well Week annually in October	Hold a variety of activities during the week at community centres, leisure centres and other locations, encouraging long term participation.	October 2018	Independent Living/Leisure	☹ Event not held in 2018 due to staff shortage.

Priority 4: Safeguarding

Areas for development	Target	Action	Timescale	Lead	Update on Progress
Ensure that children and adults whose circumstances make them vulnerable, will be safeguarded and protected from avoidable harm.	Internal and external training programme and procedures.	The Spelthorne Safeguarding Children and Adults at Risk procedures and training programme will continue to be updated in line with Surrey County Council guidance.	Ongoing	Safeguarding Officers	 <p>An Adult safeguarding working group has been set up.</p> <p>There have been safeguarding presentations at staff inductions during the year.</p>
	Work with the new Sunbury Local Family Partnership to identify actions for the local community in order to improve outcomes for families.	The Sunbury Local Family Partnership, led by Surrey County Council, is being set up in Sunbury Common to offer early preventative help to families.	2018/2019	Terry Collier in liaison with Housing, Leisure and Community Development	 <p>The local family partnership meetings continue and there is also a north of the borough meeting which is also going well. They are useful networking opportunities</p>

					for a variety of agencies.
<p>We will ensure that safeguarding policies and procedures are followed by us and our partners.</p>	<p>Continuing development of policies. All staff work in accordance with the safeguarding policy and feel able to report concerns.</p>	<p>Update and renew policies where required Promote Safeguarding policies and the procedures for reporting concerns.</p>	<p>Ongoing</p>	<p>Safeguarding Officers</p>	<p>😊 Spelthorne is represented at Safeguarding children and adults Borough and District and County meetings to ensure that we are aware of current policies and procedures.</p>